



MOON AND STARS
BEAUTY THERAPY ♦ LONDON

ME-TIME IS PRECIOUS. SPEND IT WISELY.

TREATMENT BOOKLET

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- ♦ FACIALS ♦
- ♦ HAIR REMOVAL ♦
- ♦ MASSAGE & REIKI ♦
- ♦ EYE TREATMENTS ♦
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My name is Lucy and I am the owner and lead therapist at Moon and Stars Beauty Therapy. After working as an accountant for many years, I decided to follow my passion. I binned the calculator, suit and briefcase, and retrained as a beauty and complimentary therapist..

I set up Moon and Stars three years ago, with the aim of creating a place where people like you could feel as relaxed and comfortable as they would at home, while experiencing effective and luxurious treatments.



Our aim is to fit around you and we offer:

- Free parking right on the doorstep
- After-hours appointments on weekday evenings, Saturdays and Sundays
- Online booking with immediate confirmation of your appointment
- Gift vouchers with free gifts at no extra cost

I believe that the more time you can take for yourself, the happier and more productive you become. Often, we feel guilty about spending time and money on ourselves, especially when our lives are so full. And yet, those moments of relaxation and quiet can make such a difference!

I hope to see you soon,
Lucy

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I have been coming to Lucy for a few months now and I like that the salon is both professional but also very warm and welcoming. I always enjoy my time at Moon and Stars, and leave feeling relaxed and pampered. Perfect!

RACHEL

Every treatment I have had at Moon and Stars has been fabulous. Professional, gentle and luxurious.

MELANIE

Visited Lucy for pre-holiday treatment following a friend's recommendation- practically pain free waxing- never experienced before! Highly recommend.

CANDICE

I wanted to treat myself and enjoyed the whole experience! Lucy was very attentive: listened to my history and my requirements. The facial was lovely. My skin felt cleansed and soft after the treatment and extremely well nourished.

STEPHANIE

“



FACIALS

Indulge yourself with a facial treatment from Germaine de Capuccini, Spain's leading skin care house.

Germaine de Capuccini facials are as unique as they are effective. Cutting edge technology, combined with natural active ingredients, allows for some of the most influential skin care products and therapies the beauty industry has ever seen.

Find your bliss with spa rituals to calm the mind and innovative skincare to give you healthy, glowing skin. Whether you're suffering from hormonal acne, dehydrated skin or age spots, you'll find a facial that's perfect for your needs.

All treatments begin with a welcoming relaxation ritual, designed to immediately put you at ease. An exclusive Japanese hot towel cleansing technique along with exquisite massage protocols ensure these are facials like no other!

We are so convinced you'll love your time with Moon and Stars and Germaine de Capuccini that we offer a very simple money back guarantee: if you don't feel fantastic after your treatment, you won't pay a penny for it!

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GlycoCure Skin Renewal Peel

Formulated using alpha hydroxy acids to renew the skin at the deepest level.

- Irregularities are faded and wrinkles reduced
- Open pores and congestion are minimised
- Chronic dry and flaky skin is removed

Warming Candle Back Massage

A luxurious back, neck and shoulder massage treatment using warmed Shea butter and essential oils evocative of the Mediterranean.

- Tired, aching muscles are soothed
- Skin is nourished and hydrated
- Relaxes the mind with powerful essential oil blends

Classic Spa Prescriptive Facial

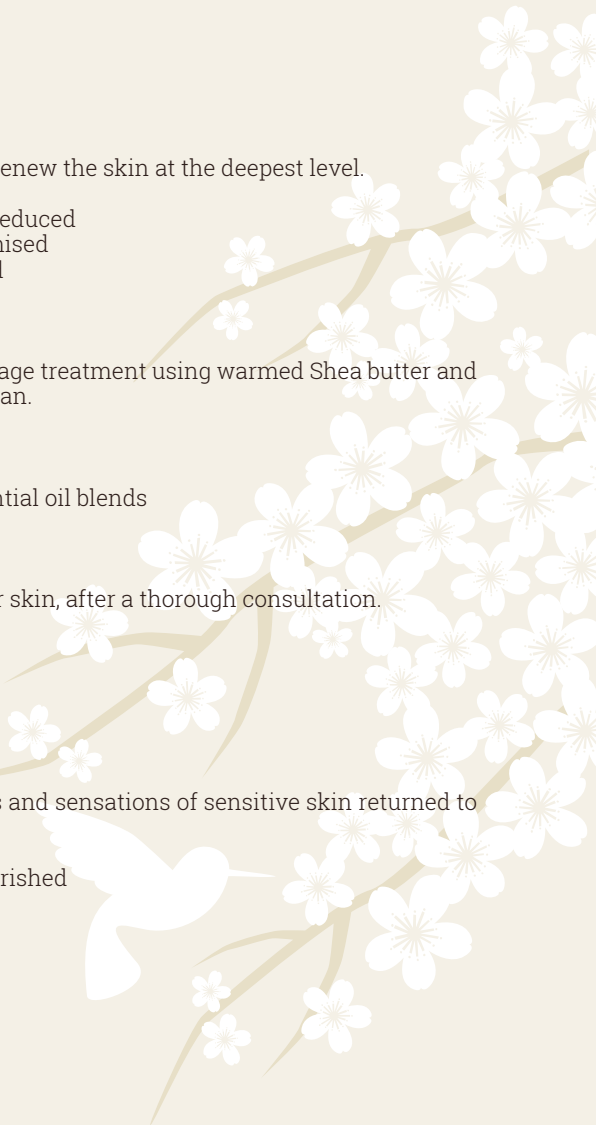
Let us choose the correct products for your skin, after a thorough consultation.


- Provides fresher, clearer looking skin
- Increased radiance
- More hydrated and purified skin

SkinZen Rose Sensitive Skin Facial

89% of participants reported that the signs and sensations of sensitive skin returned to normal after one treatment.

- Skin is de-sensitised, calmed and nourished
- Redness is immediately reduced
- Itchiness and dryness are soothed





Purexpert Deep Cleansing Facial

- Skin is deeply cleansed
- Excess sebum is absorbed and skin is left matte in appearance
- Skin is purified and balanced

Hydracure Deeply Hydrating Facial

- Restores hydration and prevents water loss
- Leaves skin soft, smooth and radiant
- Leaves skin comforted with no feelings of tightness or dryness

Vitamin C Ultimate Radiance Facial

- Provides immediate radiance and increased skin hydration
- Stimulates collagen production 8 times faster than normal
- Boosts radiance and reduces effects of free-radical damage

Timexpert White Anti-Pigmentation Facial

- Provides a more uniform skin tone
- Dark spots and pigmentation are reduced
- Provides intense radiance and luminosity

Timexpert Rides Wrinkle Reduction Facial

- Provides an immediate plumping, rejuvenating effect
- Collagen is stimulated to prevent future expression lines
- Skin is firmed with an elimination of imperfections

FACIAL TREATMENTS

Classic Spa Prescriptive Facial	25/55 mins	£30/£50
SkinZen Rose Sensitive Skin Facial	55 mins	£50
Purexpert Deep Cleansing Facial	55 mins	£50
Hydracure Deeply Hydrating Facial	55 mins	£55
Vitamin C Radiance Booster Facial	55 mins	£60
Timexpert White Anti-Pigmentation	55 mins	£65
Timexpert Ride Wrinkle Reduction	55 mins	£65

ADD ONS*

GlycoCure Skin Renewal Peel	20 mins	£20
Warming Candle Back Massage	30 mins	£30

* Add-ons can be booked alongside any facials and are a great way to experience the full Germaine de Capuccini experience.



WAXING

Come and experience a different, more comfortable waxing treatment at Moon and Stars. Using only the finest resins, natural ingredients and aromatherapy oils, Lycon Precision Waxing delivers a superior performance, removing hairs as short as 2mm. The world leader in waxing technology, Lycon is proven to reduce discomfort during hair removal by up to 50%!

WARM WAX

Half Leg incl. Knee	30 mins	£20
Full Leg	45 mins	£28
Half Arm	20 mins	£16
Full Arm	30 mins	£20
Stomach	15 mins	£15
Lower or Upper Back	15 mins	£15
Full Back	30 mins	£28

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HOT WAX

Eyebrow Shape	15 mins	£10
Upper Lip or Chin	5 mins	£6
Upper Lip and Chin	10 mins	£10
Sides of Face	10 mins	£12
Neck	15 mins	£16
Underarm	15 mins	£14
Bikini – Standard	15 mins	£14
Bikini – Extended	20 mins	£16
Bikini – Brazilian/Hollywood	30 mins	£30
Buttocks – Inner	15 mins	£10
Buttocks – Full	20 mins	£16

WAXING COMBINATIONS

Half Leg and Bikini	30 mins	£28
Half Leg and Extended Bikini	35 mins	£30
Half Leg and Brazilian / Hollywood	60 mins	£46
Full Leg and Bikini	50 mins	£36
Full Leg and Extended Bikini	60 mins	£38
Full Leg and Brazilian / Hollywood.	80 mins	£54



MASSAGE & REIKI

Bespoke Signature Massage

The ultimate in deep relaxation, a bespoke massage provides a haven where mind, body and spirit are nurtured, resulting in a state of total relaxation and emotional balance.

Reiki

Reiki is system of channelling and cultivating Universal Life Energy for spiritual development and healing. In many Eastern and in modern Western Healing traditions, Ki, also known as Chi in China or Prana in India is believed to need to flow freely throughout the body for optimal emotional and physical health. If we suffer spiritual, emotional or physical trauma, the flow of Ki becomes blocked, causing illness to develop.

Reiki energy works to dissolve the energy blockages in the body and thus allows the body to restore itself back to health.

For more information on Reiki, including what happens during a treatment, please see our website.

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MASSAGE & REIKI

Back, Neck and Shoulder Massage	30 mins	£30
Full Body Massage	45 mins	£40
Full Body Massage	60 mins	£50
Full Body Including Face and Scalp	90 mins	£80
Reiki	30 mins	£30
Reiki	45 mins	£40
Reiki	60 mins	£50





EYE TREATMENTS

Treating eyebrows and eyelashes can make a huge difference to your facial features, giving you a youthful, rested look! Choosing the right shade of tint is essential to create a natural look and removes the need to wear mascara and eyebrow pencil for up to a month.

Eyebrow/Eyelash Tint

We will create and mix a tint shade just for you, which matches your colouring and desired look. The tint will last 3 – 4 weeks.

Eyebrow Design

Using a combination of waxing, tweezing and tinting, eyebrows will be groomed to perfection.

EYE TREATMENTS

Eyebrow Tint	10 mins	£10
Eyelash Tint	15 mins	£14
Eyebrow & Eyelash Tint	20 mins	£20
Eyebrow Design	30 mins	£22

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MANICURES

Express Manicure

A speedy treatment with maximum impact! Nails are filed and shaped followed by two coats of triple-pigmented high-gloss nail lacquer.

Spa Manicure

The perfect maintenance treatment that looks after both your nails and hands. Nails are shaped, cuticles are tidied, hands are exfoliated and massaged before two coats of lacquer are applied.

Luxury Manicure

A complete treatment for hands and nails in need of some TLC! The Luxury Manicure includes all the steps in a Spa Manicure, but also includes a targeted booster treatment. Choose from a dermal wrap, paraffin wax or a cooling cream hand masque.

MANICURE

Express Manicure

20 mins

£15

Spa Manicure

50 mins

£22

Luxury Manicure

70 mins

£32

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PEDICURES

Express Pedicure

Maximum impact, minimal time! Nails are filed and shaped followed by two coats of high-gloss nail lacquer.

Spa Pedicure

The perfect maintenance treatment for a part of the body that often gets ignored! Nails are shaped and cuticles tidied during a softening foot soak. Hard skin is removed followed by a relaxing foot and lower leg massage. Your treatment is completed with an application of two coats of triple-pigmented nail lacquer.

Luxury Pedicure

For the ultimate indulgence! All the elements of the Spa Pedicure, with the addition of a focused treatment. Choose from a paraffin wax mask, a gentle callus peel, or a cooling menthol mask to reduce puffy and swollen ankles and feet.

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Callus Peel

A powerful treatment that can remove a build up for hard skin particularly on the heels and balls of feet. Also includes a foot and lower leg massage using a deeply hydrating body cream.

PEDICURES & FOOT TREATMENTS

Express Pedicure	25 mins	£20
Spa Pedicure	55 mins	£30
Luxury Pedicure	70 mins	£40
Callus Peel	20 mins	£25





MEN'S TREATMENTS

Men's Facial Treatments

A male facial at Moon and Stars is a great way of taking care of your skin. We can help with many common male skin concerns including facial sensitivity and redness due to shaving, adult acne, sunburn, dark under-eye circles and pseudo folliculitis barbae (razor burn).

Germaine de Capuccini products used are specifically designed for male skin and all treatments include aftercare and homecare advice and recommendations.

MEN'S FACIAL TREATMENTS

Purifying Deep Cleansing Facial	55 mins	£50
Vitamin Boost Re-Energising Facial	55 mins	£60

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Purifying Deep Cleansing Facial

Men's skin is different from women's: it produces more sebum, causing oily skin, acne and open pores. The treatment includes a highly effective anti-bacterial exfoliation, working deeply into the pores to remove excess sebum. A relaxing but effective facial to re-balance and purify the skin and reduce congestion.

- **Skin is deeply cleansed**
- **Excess sebum is absorbed**
- **Skin is purified, balance and matte in appearance**

Vitamin Boost Re-Energising Facial

Based on natural ingredients such as Birch Sap and Olive Leaf, this facial has been specifically designed to meet the needs of men's skin. Perfect for skin that is aggravated by shaving or daily elements such as pollution as well as tired, dull looking skin. It is also good for skin that is beginning to show signs of ageing.

- **Provides brighter, more clearer skin tone**
- **Skin is more hydrated, soothed and calmed**
- **Skin is shielded from daily aggressors such as pollution and smoke**

Hair Removal

Using wax designed specifically for male hair that is coarser than women's, your unwanted hair will be speedily and efficiently removed. This is followed by an application of a cooling Aloe Vera gel to soothe the area and reduce redness.



MEN'S TREATMENTS

HAIR REMOVAL

Eyebrow Tidy	10 mins	£10
Nose	10 mins	£10
Ears	15 mins	£14
Nose & Ears	20 mins	£20
Neck	15 mins	£20
Stomach	20 mins	£22
Stomach and Chest	30 mins	£32
Lower or Upper Back	20 mins	£22
Full Back	30 mins	£32
Full Back and Shoulders	40 mins	£42

Manicure & Pedicure

Please note we have a dedicated area for men's treatments on our website. Please refer to the website for a description of what each manicure and pedicure treatment entails.

MANICURE

Express Manicure	20 mins	£15
Spa Manicure	45 mins	£25
Luxury Manicure	60 mins	£35

PEDICURES & FOOT TREATMENTS

Express Pedicure	25 mins	£20
Spa Pedicure	50 mins	£30
Luxury Pedicure	60 mins	£40
Callus Peel	30 mins	£25



MY TIPS AND RECOMMENDATIONS



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